

Wired for Sound: Exploring music in coaching with Debbie Fisher and Tom Andrews

Creativity in coaching is growing in focus. An appreciation of music can help build relationships, change emotional states, inspire and motivate, yet it is not widely researched as a tool or intervention in coaching. There is potential to learn more about the possibilities for music to add to the coaching experience.

This interactive session will share research and provide an opportunity to reflect on your response to music and share ideas about how an appreciation of music (separate from music therapy) can be used in coaching. We will explore the possibilities before, during and following coaching sessions.



Debbie is an executive coach with over 13 years of coaching experience as an internal coach in the House of Commons and BBC and coaching leaders across all sectors. She trains leaders to develop coaching skills and to lead change in organisations. Her love of music is demonstrated by singing in choirs and at open mic nights. Recently she combined coaching and music in her Masters research.



Tom is the senior support advisor and executive coach at ACEVO where he supports charity leaders across the UK. He is the founder of two pioneering charities: Music for Change (intercultural understanding through music participation) and People United (exploring how creativity can grow kindness and social change). He is a qualified counsellor, and loves West African, electronic and ambient music.