

Beyond the Surface: Deepening our Connection

As humans, we are wired for connection. This CPD session invites you to delve into the essence of human connection, exploring its meaning, importance, and the barriers that can arise in our work with clients. We will draw on theory from the field of Transactional Analysis (TA) and examine how we engage with others across varying levels of relational depth.

Thought discussions to reflect on theory as well as your own practice, you will gain insights into fostering authentic, meaningful connections while identifying and overcoming obstacles that hinder them.



Boaz Safier is a Partner at Catalyst 14. An experienced executive coach and facilitator he has spent many years working in leadership development and as an in-house executive coach supporting senior leaders within a Big Four accountancy firm. He has a particular interest in working with individuals around personal authority, role transitions and leadership identity.

Boaz is accredited by the EMCC at Senior Coach Practitioner level. Amongst other qualifications, Boaz holds a Diploma in Transactional Analysis Psychotherapeutic Counselling from the Metanoia Institute. He is passionate about bringing concepts from TA into his coaching. Boaz's full profile can be viewed here: <https://www.catalyst14.co.uk/boaz-safier>